

the Circuit

 @BC_Circuit

 BC Circuit



Ellen Budell stands in front of her mural near 8th and Commercial Street. Photo by Liam Keating

Mural brings "hope" to Atchison

Angelica Nelson
The Circuit

"Atchison Inside Out", an outdoor mural project designed by Ellen Budell, senior, aims to recognize the stories of service participants in the local Atchison community.

In her French class last year, the Benedictine student learned about the "Inside Outside Project," an art initiative originating from a French artist, JR, and involves pasting giant portraits on the sides of buildings.

Budell was inspired to create "Atchison Inside Out" to showcase individuals who have contributed their time and energy to the community.

Budell started this project by

creating portraits for the mural in September of 2019 for the Spring 2020 Discovery Day event which was cancelled due to COVID-19. Regardless, Budell continued her work because she thought it was important to tell stories of volunteers who are often unrecognized for their contributions.

"I kind of just hope that people can see the unseen," Budell said. "These are people that give their time and effort into these organizations that really help the Atchison community, but don't ask for attention. They do this just out of the goodness of their hearts."

Assembling the mural took over eight hours even with help from Budell's advisor, her team-

mates on the women's soccer team, and fellow art majors.

The mural is hard to miss; 64 enlarged black and white portraits of community members cover the side of a building near 8th and Commercial Street.

Each portrait captures a different emotion of the individual, allowing spectators to interpret the stories and personalities of those represented. It highlights volunteers and participants of various local organizations including Kansas Special Olympics, Project Atchison, and COR+.

Budell's intent for the mural is to spread positivity to the community during this seemingly hopeless time.

See **Mural** pg. 5

Family Weekend goes online

Austin Canatella
The Circuit

Every year, family weekend on campus is an opportunity for all students' families to come to campus to enjoy time together and to celebrate Benedictine College. This year the weekend had a different format, but the same feel.

Family weekend was September 25 through 27, with combinations of virtual and on campus activities due to COVID-19.

Family Weekend was moved to an online experience after student life and campus officials looked at the current health concerns due to COVID-19.

Director of Student Activities, Diane Holly described that this was not keep families off campus, but to comply with

COVID-19 regulations.

"Lots of families understood, and wanted to work with the college," Holly said.

The normal events such as a concert, a comedian, and a trivia night were held over Zoom. While these were online, students were still able to enjoy a drive-in movie in the Murphy Recreation parking lot and bonfires outside of each dorm facility.

Even though these were moved online, the Student Life staff was not telling parents they could not come to campus.

"This was not a hard don't come to campus, saying you cannot visit your kids was not the idea," Holly said.

Some families did visit campus and spent time with their loved ones, but for the families

See **Family** pg. 5

What's inside?

Natural World p. 2

“

There are many places in Atchison to feel one with the fish, the birds and the mammals..."

- **Liam Keating**

“

Students are encouraged to spread out and not move more chairs around the tables..."

- **Dr. Linda Henry**

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“

We will need both of those quarterbacks to play at a high level."

- **Coach Wilcox**

theCircuit



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Voices

The importance of the natural world



Liam Keating
Managing Editor

Last week, 60 Minutes fea-
tured Sir David Attenborough's
life. This man's voice became a
mainstay during my days in quar-
antine last spring.

There's something compelling
and calming when Attenbor-

ough speaks. The filmmaker,
natural historian and voice of
the award-winning documentary,
"Planet Earth" can fill a room
using his tranquil, English accent.

Attenborough describing dif-
ferent animals and their habitats
kept me in tune with the world
instead of venturing into social
media for belonging.

Attenborough's thoughts on 60
Minutes resonated with how I felt
during those grueling weeks in
quarantine.

"In the course of this particu-
lar pandemic we're going through,
I think people are discovering that
they need the natural world for
their own sanity," Attenborough
said. "They [humans] realized
they are not apart from it [natural
world], they are a part of it."

As humans, it is so important

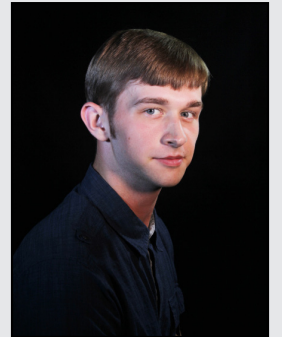
to be a part of a group or a team
that we often forget that we must
be a part of the biggest circle, the
natural world.

There are many places in
Atchison to feel one with the fish,
the birds and the mammals. My
favorite is taking my bike to the
Benedictine Bottoms, wandering
around as the cranes fly and the
snakes slither as anxiety escapes
my body.

It is important to leave the co-
coons of buildings illuminated by
LED lights and wander into the
natural world. The natural world's
beauty, peacefulness and grandeur
is what makes me feel alive.

Go outside fellow Ravens and
enjoy the sunshine while you
wander across the natural world.
Leave the buildings and be a part
of it not apart from it.

Media in polity



John Tuttle

Online Editor

We live in a media-saturated,
information-rich culture. When
it comes to the political arena,
the media has long loomed in the
shadows cast by figures of leader-
ship. From Franklin D. Roosevelt's
classic fireside chats on radio to John
F. Kennedy's natural TV charisma,
multimedia proved it could make or
break politicians.

But now the mass media has
acquired a new angle, perched aloft in
an aura of superiority and of control,
though the dimension of control is not
an aspect we often consider.

Last year, MarketWatch reported
on a study put out by the RAND Cor-
poration in which a political scientist
directed attention to the decrease in
objectivity of US news reportage. The
media is too often driving a narrative
instead of delivering facts.

Outlets' narratives cater to their
specific audiences. The news has be-
come a means to appease, entertain,
and promote. This is especially true
for political coverage.

On a broader scale, other multi-
media has contributed to the po-
larization and to the fast-food-like
political consideration in the US.
Across the web and TV, commercials
for politicians around election time
are plentiful. They might as well be
trying to sell a no-stick pan.

Modern politics are driven by a
consumerist mentality. The public
would do well to re-examine just how
big a role the media play in forming
our political ideologies.

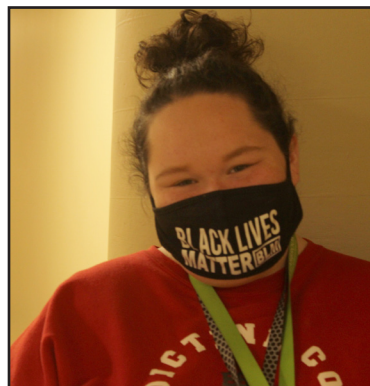
Students react to presidential debate



“

I was kind of laughing be-
cause I couldn't believe what I
was seeing, Trump wouldn't let
Biden speak at all. What really
threw me off was the white su-
premist question, him telling them
to stand by and stand down, that
really scared me.”

- Eric Robertson



“

I thought President Don-
ald Trump was disrespectful of
human life when he talked about
Biden's son, I thought as someone
who is pro life that hurt me more
than anything else could have be-
cause that's someone who passed
away.”

- Maddie Juul



“

It's a sad day when the two
candidates can only argue over
each other, and none of them
could get out a clear thought. How
am I supposed to know who to
vote for when they couldn't stop
fighting?”

- Franco Monaco

The Inclusive Exclusive

Hispanic Latino Club brings unique perspective to campus

Will Alexander
The Circuit

The Hispanic Latino Club (HLC) began with only 10 students, but has blossomed to over 95 students in one year as the group has been instrumental to the inclusion of Hispanics on campus.

The club was created by Jessica Luna, president, and Jazmine Diaz, vice president, in the beginning of the 2019-2020 school year. The club was made to be a common space for Hispanic and Latino students but also to allow the Benedictine community to partake in their culture and tradition.

Luna also created HLC to increase diversity on campus by bringing culture and traditions on campus. While also educating the

Benedictine community on Latinx culture. “The HLC Exec board puts on multiple events on campus every semester to share culture and traditions from different Latino countries around the world. A lot of students are from different Latino background so giving non-Latinx students the opportunity to share in those traditions and their



Members of HLC meeting on Taco Tuesday. Photo courtesy of HLC Club

classmates culture is the goal,” Luna said

The club puts on a variety of events, including a weekly dance called Bachata. HLC also holds

an all-Spanish mass to celebrate the Day of the Dead where over 200 people attended.

“I feel very proud to put on these events because I am repre-

sented the country and where my family is from and so many other countries as well. I believe that by putting on these events we are not only representing minorities, but we are also proving that diversity is a great thing to have at our school,” Diaz stated.

Luna and Diaz both spoke about how they created HLC to not only bring the Hispanic and Latino culture to BC but also have a place where students like them can be around people who look like them and can feel comfortable.

“There was a need for a safe place on campus for our minority students not only to share their faith, live out their traditions, their language, their culture but also to openly share with other students a representation of who they are,” Luna said.

HLC hosted an all-Spanish mass to celebrate the Day of the Dead where over 200 people attended.

“I feel very proud to put on these events because I am repre-

A traditional meal from the Philippines: Lola’s Iconic Pancit Recipe

Liam Keating
Managing Editor

The Segura family gathers around the table every Christmas Eve in anticipation of their family’s favorite dish.

Senior Rachel Segura’s favorite dish is her Lola’s pancit recipe. A traditional dish from the Philippines, this meal is centered around delicately made noodles. Each Filipino family has their own style of pancit. Lola’s pancit is made special by the use of rice and flour noodles.

“The combo of the rice and flour noodles is what makes it so unique,” Segura said. “Most pancit’s have one or the other. It tastes like home to me.”

Gather your friends and family and try this traditional Filipino meal courtesy of the Segura household.

Ingredients

- Use cooked breast of one chicken or one big fried chicken breast
- 1 carrot, cut Julienne style
- 1 stalk celery, sliced
- 1 can green beans, drained
- 1 1/2 or 2 cans chicken broth
- 1/4 cup soy sauce
- salt and pepper to taste
- 2 cloves garlic minced
- 1/2 onion, sliced
- 1 bag coleslaw
- 1 bag yellow noodles from oriental store or egg noodles from the grocery store.
- 2 tablespoon oil for sautéing

Directions

1. Shred chicken breast
2. In a large fry pan, heat oil till medium hot, sauté onions till tender, then add the garlic. Stir 1 min, add the carrots and celery keep on stirring till half tender, add the coleslaw, stirring till coleslaw is half cooked, add the green beans and half cup chicken broth, combine all, take of the pan and set aside.
3. Using the same pan, heat the one can chicken broth, add soy sauce and bring to a boil, and add noodles, stir till noodles are al dente, add broth if needed and finally add the chicken & veg mixture. Add pepper and salt if needed.



Rachel Segura, left, and her sister, Allison, pose with their Pancit. Photo courtesy of Rachel Segura

Features

Trump rally faces opposition in Atchison



Three student protesters sit peacefully on September 27 at Jackson Park. Photo by McKenna Elder

Angelica Nelson

The Circuit

A rally put on by local Trump supporters Saturday prompted Black Lives Matters supporters to take action, illustrating the vocal opinions of Atchison residents during this tense political climate.

Adam Bruce and Joseph Tynan, fifth year seniors at Benedictine College, organized a drive-by Trump rally that would begin in Atchison and conclude by driving to the official Trump rally in Kansas City, Missouri.

“It’s important to show your support because the president is vilified so heavily in the mainstream media that many people are afraid to show their support for him,” Tynan said. “Frankly, a large part of wanting to show support is to show the mainstream media, the Democratic party, that they can’t manipulate us into being silent anymore.”

Tynan and Bruce envisioned it to be a casual event and did not anticipate opposition.

Katie Peuker, a resident of

Atchison and freshman at Highland Community College, initially heard about the rally through a Benedictine College student on Facebook. As an opponent of President Trump, she decided to take action by organizing a Black Lives Matters protest the same day.

About 20 Black Lives Matters supporters gathered with signs at the lookout of Jackson Park where the Trump supporters planned to begin their drive-by rally. The group mostly consisted of students from Atchison High School along with a small group of students from Benedictine College.

“We’re not trying to start anything. We’re not trying to rile up anything. A couple of police officers are driving through to kind of keep the peace, but we’re

not looking for any fights or anything, we’re just speaking our peace,” Peuker said.

As cars for the Trump rally drove by, many of the Black Lives Matters supporters shouted expletives about the president and police. They eventually stood at the entrance of the lookout to

block cars from driving through. This resulted in Trump supporters changing the starting point of their rally to a later point of the route.

Around 15 cars of Benedictine College students and Atchison residents paraded through the streets of Atchison with Trump flags and signs, showing their support for President Trump.

However, Trump supporters were met with opposition once again. Members of the Black Lives Matters protest parked their cars in the middle of 2nd Street

“A couple of police officers are driving through to kind of keep the peace, but we’re not looking for any fights or anything, we’re just speaking our piece.”

- **Katie Peuker**

Dining Hall seating reopens

Rachel Oberfoell

The Circuit

The Benedictine and Atchison: Stronger Together quarantine compromise came to a close last week and with its conclusion, the dining hall has reopened its seating.

Shortly before the quarantine, dining in at the dining hall was not permitted due to a dramatic increase in COVID-19 cases amongst the student body and remained closed throughout the quarantine. Students were able to receive meals to-go while outdoor tents with seating were set up to provide the option of communal dining for those who did not want to eat in their dorms.

In light of the positive improvements brought by the compromise, the Coronavirus Task Force and Aramark staff have implemented a socially-distant plan to make seating in the Dining Hall open to students.

Dr. Linda Henry, chairperson of the Task Force, explains.

“Fortunately, the number of positive cases decreased on campus, which enabled the college to reopen the Dining Hall. Tables have been spaced farther apart with only 6 chairs a piece. Students are encouraged to spread out and not move more chairs around the tables,” Henry said.

Monitoring of the Dining Hall

and sat on the road, blocking Trump supporters from moving forward with their rally. At that point, organizers of the Trump rally told drivers to disperse instead of trying to continue onto the route.

Charlie Branstetter, sophomore at Benedictine College, participated in the Trump rally to voice his beliefs about the upcoming election, but he was not anticipat-

has been increased in the new plan, along with signage telling students to keep a healthy physical distance while eating.

With the new rules having been in place for over a week, students and employees alike are pleased with having a space to socialize and eat once again. Ciara McMorrow, a Dining Hall employee, gave her opinion.

“I love having everybody back in here and seeing everyone’s smiling faces. I think [having it open] really helps build community and people spend so much more time with each other,” McMorrow said.

With active cases dwindling into the single digits, the likelihood of the Dining Hall remaining open for seating is high. However, if the situation surrounding COVID-19 were to take a turn for the worse, Dr. Linda Henry has not ruled out closing it again.

“If there is another spike in cases on campus, we will re-evaluate all our mitigation strategies and careful consideration will be given to each to promote the health and safety of our campus community,” Henry said.

The Dining Hall is open from 7:30 a.m. - 7:30 p.m. Monday through Friday and 10:30 a.m. - 1:00 p.m. and 5:00-6:30 p.m. on Saturday through Sunday.

ing such direct opposition.

“I did not expect what happened to happen. Like the blocking of the street – did not expect that,” Branstetter said.

Although the rally in Atchison ended abruptly, some of the participants continued to Kansas City to join over 5,000 Trump supporters for the official drive-by rally.

Sports

Duel quarterbacks shine for the Ravens



Garrett Kettle, left, and Luke Laskowski, right, have appeared in each game this season for the Ravens. Photos by Liam Keating

Riley Funk

The Circuit

The 2020-21 Benedictine football season has two impressive quarterbacks vying for equal playing time. Luke Laskowski and Garrett Kettle, both juniors, have been splitting game reps these first two weeks of the season.

The first game of the season was against Clarke University where the Ravens were victorious 38-0.

Laskowski finished the game 4 for 10 passing with a touchdown. Kettle accounted for two touchdowns on 9 of 12 passing while running over 70 yards.

"He is a great quarterback and a great leader. He has the ability to both run and throw the ball," Laskowski said

On September 26, the Ravens played their home opener, hosting Culver-Stockton, defeating the Wildcats 33-8.

Laskowski threw for two touchdowns while running for a touchdown. Kettle finished the game six for seven passes also rushing for a touchdown.

"On and off the field we are competing against each other. We are both looking at things when the other is in (the game) and we both help each other out."

- Garrett Kettle

"On and off the field we are competing against each other. We are both looking at things when the other is in (the game) and we both help each other out," Kettle said. "We are competing but we are both trying to help the team win."

Head Coach Larry Wilcox had his own interpretation of the term "Quarterback Competition."

"We are competing against the other team. Not against ourselves.

I would call it more of a cooperative effort," Wilcox said. "We want our best players on the field. We have two really good quarterbacks, and we are very fortunate to have that luxury."

Wilcox explained that both athletes have done a great job understanding their specific roles and contributing to the team in a positive way.

"We will need both of those quarterbacks to play at a high level and minimize mistakes and errors and be a motivating force for the offensive group," Wilcox said.

Though they split time in games, Laskowski and Kettle were quick to admit that the competition has motivated them to get better. It is unclear who will start in the upcoming games, but Laskowski and Kettle will both see action.

Mural from page 1...

"I just want to be able to recognize these people and kind of encourage others to also become a part of community services and just invite hope into a time when there's not a lot during COVID," Budell said.

Both Atchison residents and Benedictine College students will probably recognize individuals in the portraits as they walk by the mural.

One Atchison resident who stopped by the mural after seeing a portrait one of her child's classmates believes it will have a great impact on the community.

"I mean, I think it's kind of neat. I think it's amazing. I think a lot of the students in this town don't get the credit that they

deserve for the most part ...but then seeing something like this just kind of makes my day," she said.

Merritt Vaughn, senior, helped Budell assemble the mural. As a fellow art major, Vaughn was very complementary of Budell's hard work.

"Ellen's just a big dreamer, and so she has these ideas, and it's really easy to have ideas and dreams but to actually follow through with them and make them happen definitely inspires me that it's possible," Vaughn said.

Budell's "Atchison Inside Out" mural is available for viewing at 8th and Commercial Street near Daylight Donuts.



Many of the faces on Budell's mural show their personality. Photo by Liam Keating

Family from page 1...

who couldn't, the Student Life staff still had a part of campus available to them.

Family Weekend in-a-box packages were available for purchase that included an assortment of items from picture frames to stickers to help families and students still feel connected. These boxes could be sent to students or loved ones as a way of including

everyone.

"This was a way for families to still feel involved with campus even from across the country" said Charlotte Ueland, The Committee Chair for Family Weekend.

Ueland further commented saying even with the circumstances happening right now, the weekend worked out well for everyone.

Upcoming Sports Schedule

Football

- Oct. 3 @ GVU
- Oct. 10 vs PSU
- Oct. 17 vs EU

Soccer

- Oct. 3 vs EU
- Oct. 6 @ MVU
- Oct. 10 @ CSU

Cross Country

- Oct. 10 @ Cedar Rapids
- Oct. 23 @ Home
- Nov. 7 @ Baldwin City